Dear Grade 10 Parents

Fourth term exchange boys' parents can ignore this email.

Please can I ask you to fill in the Epic consent form **by term's end** and send it to <u>nlewis@bishops.org.za</u>. Many of you still have not done so. Thanks to the many parents who have been proactive in this regard. <u>Consent Form 2022</u>

Please can I ask you to update your son's medical details, along with dietary requirements and allergies, if you have not done so already this year. Please click <u>here</u> for help on the My Bishops Life parent portal.

Please would you let me know if you have a vehicle that we can borrow for the duration of Epic. It's always better to have Twin-cabs, Bakkies, 4X4s, or vehicles with high clearance, but any vehicle will be a help. We have one so far.

Last year we used parent vehicles for the following jobs:

- Epic-Director's vehicle (simply getting around)
- Ranger's vehicle (getting rangers to the bases of Sneeuberg and Tafelberg mountains to enable boys on solo hikes to climb these peaks)
- Elizabethfontein vehicle to tow the chipper (for alien bush clearing) to and from Epic and for potential rescues on the Wuppertal side of the mountain
- Lead vehicle for the cycling
- Support vehicle for the cycling

I have discount vouchers for your boys for the Hi-Tec store in Access Park. These can be used to buy any gear, but particularly boots. If you would like to purchase things now, send your son to my classroom (K3). Otherwise, I will hand them out early next term, when the Epic talks start.

In term 3, the boys will start their Epic training. Every second week from week one, boys will enjoy a wide variety of Epic talks and on the last Thursday of term, all grade 10 boys will hike up Devil's Peak, as a measure of where they are physically. You and your boys have been told that to have a good Epic boys should be fit. Hiking, running and cycling in preparation is highly recommended. Boys who are physically prepared for Epic are far more likely to enjoy the 16-day experience. It's time for your son to make this a priority.

Please continue to volunteer for our parents committee.

Finally, if you feel you need to be in touch with me about a particularly complicated medical (or any other) issue with regards to your son, please email me and we can set up a time to chat. First fill in the medical, dietary and allergy details online and if that does not appease your concerns, contact me via email. Thank you to those of you who have already done so.

I do hope you will have a fantastic midyear holiday!

Kind regards Graeme Klerck (Epic Director) gklerck@bishops.org.za