

EPIC TRAINING WEEK GROUP SESSIONS AND VENUES 2022

MONDAY & TUESDAY								
Session	Time	Day	Cycling	Backpack Check/ Making a Shield	High Ropes	Handing out Equipment	Campcraft	Mapwork / Mindfulness
			Oaks Field	Woodlands/ Kidd House	Sahara Bus Depot	K4	Frank Reid Scoreboard	Reading Commons/ G2 & G5
	7.45-8.15	Arrive at school and head to Memorial Theatre to be ready to start at 8.00 with Welcoming from the Principal and Chaplain.						
	8.15-9.00	Presentation 1: Identity - who am I?						
1	9.10-10.35	Monday	Sneeuberg	Tafelberg	Krakadouw	Breekkranz	Apex	Wolfberg
2	11.00-12.25	Monday	Wolfberg	Sneeuberg	Tafelberg	Krakadouw	Breekkranz	Apex
3	1.50-3.15	Monday	Apex	Wolfberg	Sneeuberg	Tafelberg	Krakadouw	Breekkranz
	7.45-8.15	Arrive at school and head to Memorial Theatre to be ready to start at 8.00						
	8.00-8.30	Presentation 2: Taking Responsibility						
	8.30-9.05	Nuts and bolts - Mr Klerck (hiking)						
4	9.10-10.35	Tuesday	Breekkranz	Apex	Wolfberg	Sneeuberg	Tafelberg	Krakadouw
5	11.00-12.25	Tuesday	Krakadouw	Breekkranz	Apex	Wolfberg	Sneeuberg	Tafelberg
6	1.50-3.15	Tuesday	Tafelberg	Krakadouw	Breekkranz	Apex	Wolfberg	Sneeuberg
				Red = Backpack Check 1st; Making a Shield 2nd Blue = Making a Shield 1st; Backpack check 2nd 40 minute sessions for each				Red = Mapwork 1st; Mindfulness 2nd Blue = Mindfulness 1st; Mapwork 2nd 40 minute sessions for each

WEDNESDAY - Hike with full Backpack

THURSDAY AND FRIDAY								
Session	Time	Day	Wound Care	Bleeding Control	Fractures & Splinting	Exposure to the Elements	Bites, Stings, Hygiene	Satellite Phones
			Memorial Theatre	Library (ground floor)	NLT	Dayboy Dining Hall	Woodland Pavilion	Outside the Brooke Chapel
	8.00-8.25	Arrive at school and head to teachers' classrooms for returning of scripts						
	8.25-10.35	Special Timetable for Returning of Scripts						
A	11:00-11.45	Thursday	Sneeuberg	Tafelberg	Krakadouw	Breekkranz	Apex	Wolfberg
B	11:45-12.30	Thursday	Wolfberg	Sneeuberg	Tafelberg	Krakadouw	Breekkranz	Apex
C	1.50-2.35	Thursday	Apex	Wolfberg	Sneeuberg	Tafelberg	Krakadouw	Breekkranz
	2:35-3:15	Thursday	Hiking meetings (in teachers' classrooms)					
	8.00-9.00	Fire Prevention Talk (in Memorial Theatre)						
D	9.10-9.55	Friday	Breekkranz	Apex	Wolfberg	Sneeuberg	Tafelberg	Krakadouw
E	10.00-10.45	Friday	Krakadouw	Breekkranz	Apex	Wolfberg	Sneeuberg	Tafelberg
F	11.15 - 12.00	Friday	Tafelberg	Krakadouw	Breekkranz	Apex	Wolfberg	Sneeuberg
	12.00-12.30	Nuts and bolts (Behaviour & Transport Arrangements) - Mr Klerck (in Memorial Theatre)						
	12:30-1:00	Blessing of the Boots (in the Memorial Chapel)						

HIKING GROUP		Staff	Staff in charge	Venue
Apex	RED	Hale; Sidawu; Behemann	CH	G2
Apex	BLUE	Ekron; Hoole; Grobertson	CE	Bishops Gym
Breekkranz	RED	Robertson; Petersen; Sidawu	GR	S4
Breekkranz	BLUE	Vincent; Court; Nolte	JV	M6
Krakadouw	RED	Farlam; Truter; Nyangiwe	PF	NLT
Krakadouw	BLUE	Walsh; Hewitt	MPW	K2
Sneeuberg	RED	Richter; Raasch; Weber	WR	G8
Sneeuberg	BLUE	Zille; Clarke; Hoole	mho	K3
Tafelberg	RED	Smith; Williams; Sanderson	CCS	M3
Tafelberg	BLUE	Goble; Zeppel; Court	RG	B2
Wolfberg	RED	Court; Petersen; Rothenberg	PLC	G
Wolfberg	BLUE	Bradley; Ellis; Nzuza	JAB	N3